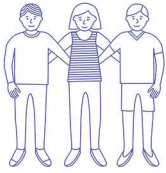




the great



**AFS BINGO**



for your first month



Watch a swiss movie in the original language	Cook a dish from my country with my hostfamily	Meet my PCP for a walk
Make a funny "typically swiss" tiktok video	JOKER	Organize a game night with my host family
choose a sportsclub or association	plan a trip with my host family	Get to know my neighbourhood
Eat a lot of swiss chocolate	Ask a classmate to go for lunch	Spot a cow, a mountain and a lake

# The great **AFS BINGO** for your first month

## How to play the game

To settle in a new environment can be difficult in the beginning. The best thing is to be open and try as many new things as possible. So get out of your comfort zone, talk to people and get involved!

This Bingo will give you some ideas for things to do in your first month. If you have any questions, ask your PCP for help. (and maybe go for a walk with him/her to tick off an activity from the Bingo ;)

## Instructions

1. Print the AFS Bingo and hang it up in your room
2. Choose a Joker activity that you want to do
3. Get inspired by the AFS Bingo
4. Enjoy the activities together with your family, friends and PCP
5. Document them and send us pictures (we will only share them with your permission)
6. Tick each activity off once you've experienced it
7. Post the AFS Bingo Template in your Instastory, use the hashtag #myfirstAFSmonth and tag AFS Switzerland
8. Tag three other AFS friends to challenge them to post the same story



@afsswitzerland #myfirstAFSmonth #AFSEffect