

TrAinFS 2019 Training Descriptions for International Participants

Dear International Participants,

This year is special in the history of trAinFS as it is the first to introduce the track system. This means that you'll get to participate in a series of trainings during the weekend with a fixed group – like-minded people interested in the same topic. The goal of this method is to let you get to know fellow AFS volunteers a lot better and to let you all get to the bottom of a topic while in the same group for 9 hours (3x3) altogether, on Saturday and Sunday.

But this is not all!

After finishing your track, you get to join a specific workshop on Monday. You'll have two options to choose from:

1. Active Citizenship feat. July 22
2. Social Inclusion, Bullying and Othering

Please indicate your choice of workshop [in the application form](#).

You can find the description of our international track and two workshops on the next page.

Looking forward to meeting you in Hungary,
The Prep-Team

Track 5. ADVANCED	English	Advanced Teamwork Tactics				
TRACK Description	This track is one complete intermediate and advanced level training, focusing on power dynamics and decision making processes during teamwork. It is best for AFS volunteers with 2+ years of experience.			Number of participants		8-10
TRACK Content	Title of Training	Become a Power Master!	Trainers	Emre Keskin Boglárka Fodor	Language	English
					Length	9 hours
	Description	In this training participants will discuss/learn about the power dynamics and decision making processes. In addition, we will also find the opportunity to talk about the relationship between power dynamics and team work. Participants will learn how power dynamics can cause disruption of the workflow in an AFS context. We will also discuss the issues of decision-making and inclusion, which are very closely linked to these all topics. May the force be with you.				

Workshop 1					
Title of Training	Active Citizenship feat. July 22	Trainers	Orsolya Dabóczy Regina Gajdos	Language	English
				Length	3 hours
Description	This workshop operates with an experimental method of learning: we are going to watch a film together based on the true story of the terrorist attack committed on Utøya in 2011. The EFIL Volunteer Summer Summit took place on this norwegian island last year with workshops focusing on the topic of civic education. We consider that this is a really important concept which should be understood by all AFSers. Due to this mission of ours against extremism we would like to share our experiences and outcomes of this occasion with you. The duration of 'July 22' is 143 minutes so we will start the film sharp on time, to have more time for discussion. Don't be late! :)				

Workshop 2					
Title of Training	Social Inclusion, Bullying and Othering	Trainers	Balázs Beregszászi Boglárka Fodor	Language	English
				Length	3 hours
Description	AFS – as one of the most outstanding non-profit organizations – works to make the world more inclusive, more accepting, more peaceful and easier to live disregard to one's origin, religion, social background or political belief. For us, volunteers – who are fundamental parts of the big picture – it is essential to understand discrimination and its meaning, its different forms and know what steps can and must be done in order to achieve this long-term goal in and outside AFS. It is very important for us to realize what role AFS plays in making our world more inclusive, so that we – as individuals – can step up upon socially challenging situations.				