Connecting Lives, Sharing Cultures



Arrival information for all AFSers to Norway August 17th 2018

Who will meet me at the airport and where?

Upon arrival you will be met by AFS volunteers and staff just outside customs where all passengers have to go through. Oslo Gardermoen is a small airport, don't worry.

How will I recognize the people who will meet me at the airport?

The AFS volunteers and staff will be wearing AFS t-shirts and will be easy to spot.

How will I get to the orientation site?

You will travel to Oslo directly from the airport by bus with the AFS volunteers.

Where will the orientation take place?

The orientation is in Oslo, about 30-40 minutes from the airport.

Will there be a tour of the city during the orientation?

There will be no city tour. This is because of the tight schedule of the orientation, and the long distance between the orientation site and the city center.

How long is the orientation?

This depends on where you are coming from and where you are going. You will stay for one or two nights at a hotel, along with volunteers and staff from AFS Norway. The information about what, when and where, will be given to you at arrival in Oslo.

In what language(s) will the orientation be conducted?

The orientation will be conducted in English.

Will there be language instructions at the orientation?

No, but you will receive a handbook with the most important Norwegian terms and words. We recommend all of our students to read these during their first days in Norway.

What type of activities will happen during orientation?

You will learn about the Norwegian culture and family life. We will have discussions and give you more information about Norway, but please do some research about Norway before you arrive. There will be volunteers and staff from AFS present who will be happy to answer your questions.

What materials do I need bring with me to the orientation?

Please bring the Welcome Booklet, and any other documentation AFS in your home country has asked you to bring.

Will I need to pack a separate bag for orientation? Do I need to pack a towel?

You will need to pack everything you need for the arrival camp. You should have regular summer clothes (comfortable) for up to three days and two nights. It may be quite cold in the evenings, and it might rain. You can wear shorts or jeans during classes. You do not have to bring a towel. Remember to bring necessary toiletries and medicine!

Will I have access to my luggage during the arrival orientation?

You will not have access to your luggage, and we recommend you to bring a smaller backpack or bag with the clothing/toiletries that you will need during the camp.

Will there be participants from other AFS countries attending the orientation? If so, from which countries and approximately how many participants?

Yes, all hosted participants in Norway will be at the same orientation. This will be about 135 participants from about 30 different countries.

Will I need money during the orientation?

There is no need for money during the orientation.

Will I have a chance to exchange money between the time of arrival and the end of orientation?

You will have time to exchange money at the airport bank on the day of arrival while waiting for the bus to the orientation site.

Will I have access to a telephone which can accommodate long distance calls by using a phone card? Will there be Internet access?

We recommend that you wait until you get to your host family to communicate back to your family in your home country. It is not guaranteed that there will be phone or internet access at the orientation site. In case of an emergency our duty officer will have a phone available.

How will I travel to my host community and when will I meet my host family?

The travel to your host family is either by train, bus, car or plane. You will either meet your host family at the airport of your final destination, or by the bus or train stop. Some of you will meet them the same day as the arrival, while others will have to be patient until the next day, or even the day after. This all depends on where you are travelling to and from. You might fly to your host community, so be sure you follow the luggage rules!

How soon after orientation does school begin?

You will arrive on a Friday, and school starts in most places on the first Monday.

Arrival Camp Part 2:

Where will the orientation take place?

The regional camp is organized regionally in October.

How will I get to the orientation site?

You will be transported by train/bus/plane. There might be some walking/hiking involved as the orientation site may be in the mountains.

How long is the orientation?

Three days

In what language(s) will the orientation be conducted?

The orientation will be conducted in English.

What type of activities will happen during orientation?

You will stay with other students in your region for a weekend. At the camp you will talk about the first culture shock, and you will have one-on-one talks with the volunteers.