

THE LAWRENCE SCHOOL LOVEDALE, OOTY

The School was primarily instituted on 6th September, 1858 in the memory of Major General Sir Henry Lawrence, KCB provides vocational education to the orphans and the other children of European soldiers in India. The erstwhile School was located in a building known as 'Stone House' at Ootacamund in the Nilgiris. With the passage of time, the School metamorphosed

to being one of the premier residential public schools of the country. The Senior School is housed in a magnificent two-storey building along with a towering campanile of 130 feet, built in Italian Gothic style amidst 700 acres of pristine forests.

Location: Lovedale is situated about 6 kilometers from Ootacamund, on the central plateau of the Nilgiri Hills. It is about 7200 feet above mean sea level and its climate is temperate throughout the year.

Campus: The school stands on its own estate, about 750 acres, and the local railway station, Lovedale, which is on the Ootacamund-Mettupalayam metre gauge hill Railway, adjoins the School estate.





Figure 1: Architecture of the School

Activities of the school:

The Lawrence School, Lovedale offers a wide array of activities, both artistic and performance-based. The students are expected to take part in one activity or more to hone their creative and execution skills during the year. Displays of these activities are showcased during the Founders Day exhibitions. Alongside excellent academic performance, students make exceptionally talented artists and crafts people.

Extracurricular activities:

- **∔**Art
- **∔**Band
- **♣**Dance
- **∔**Weaving

Figure 2: Photos of the Activities

- **∔**Guitar
- **♣**Needlework
- **♣**Piano
- **♣**Batik
- **♣**Vocal Art

Sports Activities

- **♣** Athletics
- ♣ Basketball
- **4** Badminton
- **♣** Cricket
- Hockey



Figure 3: Various Sports Participating Activities

Various Association Clubs:

A club is an association of two or more people united by a common interest or goal. A service club, for example, exists for voluntary or charitable activities; there are clubs devoted to hobbies and sports, social activities clubs and political clubs, and so forth.

Here, at the Lawrence School, Lovedale offers a variety of clubs that the students may join. Students must be part of at least one club. This helps children to learn in working together as a team and the importance of collaborative contribution.

Clubs are:

- Social Service
- Nature Club
- ➤ Model United Nations
- ➤ Aero-modeling
- Calligraphy
- ➤ Computers & Science Clubs
- Robotics
- ➤ Tribal Studies
- Quizzing
- > Chess
- Photography



Figure 4: Various Association Clubs

MORNING ACTIVITIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PREP SCHOOL 5 - ARA & NIL	Equestrian (Kailash Flat)	Cross country	Equestrian (Kailash Flat)	Cross country	Taekwondo	Team practice
PREP SCHOOL 5- SUM & VIN	Cross country	Equestrian (Kailash Flat)	Cross country	Equestrian (Kailash Flat)	Taekwondo	Team practice
PREP SCHOOL 6 - ARA& NIL	Taekwondo	Cross country	Taekwondo	Cross country	Cross country	Team practice
PREP SCHOOL 6- SUM&VIN	Taekwondo	Cross country	Taekwondo	Cross country	Cross country	Team practice
JUNIOR SCHOOL 7Boys	Band/ cross country	Sunset sensation (Oriental) JS Hexagon	Sunset sensation (Oriental) JS Hexagon	Sunset sensation (Oriental) JS Hexagon	Sunset sensation (Oriental) JS Hexagon	Band/ Team practice
JUNIOR SCHOOL 8 Boys	Band/ cross country	Sunset sensation (Hip hop and polka) JS Square	Band/Team practice			
JUNIOR SCHOOL 9 Boys	Parade(top flat)/ Band	Parade(top flat)/ Band	Parade(top flat)/Band	Parade(top flat)/Band	Parade(top flat)/Band	Band/ Team practice
Class 7Girls	Yoga	Sunset sensation (Oriental) JS Hexagon	Sunset sensation (Oriental) JS Hexagon	Sunset sensation (Oriental) JS Hexagon	Sunset sensation (Oriental) JS Hexagon	Team practice
Class 8 Girls	Yoga	Sunset Sensation (Arabian and wing dance) GS-cricket pitch	Sunset Sensation (Arabian and wing dance) GS-cricket pitch	Sunset Sensation (Arabian and wing dance) GS-cricket pitch	Sunset Sensation (Arabian and wing dance) GS-cricket pitch	Team practice
Class 9 girls	Cross country	Sunset Sensation (Carnival) PS BB court	Sunset Sensation (Carnival) PS BB court	Sunset Sensation (Carnival) PS BB court	Sunset Sensation (Carnival) PS BB court	Team practice

ROUTINE GIRLS' SCHOOL

ROUTINE SENIOR SCHOOL

Dougo		05.45 am	-		
Rouse	:	05:45 am	Rouse	:	05:45 am
Chota	:	06:00 am	Chota	:	06:00 am
Morning Activities	:	06:20 am	Morning Activities		06:20 am
Breakfast	:	07:40 am	_		07:40 am
Assembly	:	08:10 am	Breakfast	•	
Regular classes	:	08:30 am	Assembly	:	08:10 am
Tea		10.45 am	Regular classes	:	08:30 am
Lunch	:	01:20 pm	Tea	:	10.45 am
		_	Lunch	:	01:20 pm
Hobby / Club :		02:20 pm	Hobby / Club	:	02:20 pm
to 03:20 pm (classes IX and X)			to 03:20 pm (classes IX and X)		
Games	:	03:30 pm	Tea		04:00 pm
to 04:30 pm			Games	•	_
Tea	:	04:45 pm		•	04:35 pm
Baths	:	05:00 pm	to 05:35 pm		
Prep	:	06:15 pm	Baths	:	05:50 pm
to 07:30 pm		7 7 P	Prep	:	06:45 pm
-		07.20	to 07:45 pm		
Dinner	:	07:30 pm	Dinner	:	07:45 pm
Prep	:	08:15 pm	Prep	:	08:15 pm
to 09:15 pm	09:15 pm		to 09:15 pm		raine Para
Lights Out	:	10:30 pm	-		10,20 mm
			Lights Out	:	10:30 pm

ROUTINE GIRLS' SCHOOL

ROUTINE SENIOR SCHOOL

			SENIOR	R SCHOOL	
Rouse	:	07:00 am		-	
Breakfast	:	08:00 am	Rouse	:	07:00 am
Regular classes	:	08:30 am	Breakfast	:	08:00 am
Tea	:	10.45 am	Regular classes	:	08:30 am
Lunch	:	01:20 pm	Tea	:	10.45 am
Hobby / Club	:	02:20 pm	Lunch	:	01:20 pm
to 03:20 pm (classes IX and X)			Hobby / Club	:	02:20 pm
Games	:	03:30 pm	to 03:20 pm (classes IX	(and X)	1
to 04:30 pm			Tea	:	04:00 pm
Tea	:	04:45 pm	Games	:	04:35 pm
Baths	:	05:00 pm 06:15 pm	to 05:35 pm		•
Prep	:		Baths	:	05:50 pm
to 07:30 pm			Prep	:	06:45 pm
Dinner	:	07:30 pm	to 07:45 pm		•
Prep	:	08:15 pm 10:30 pm	Dinner	:	07:45 pm
to 09:15 pm			Prep	:	08:15 pm
Lights Out	:		to 09:15 pm		-
			Lights Out	:	10:30 pm

GENESIS GLOBAL SCHOOL, NOIDA

Genesis Global School, Noida is a premier day-cum-residential school offering a truly apt campus in close proximity to Delhi, with reachable connectivity via a 6 lane expressway. The school offers an international platform with a perfect blend of technology, modern pedagogy, culture and innovation. It is affiliated to IB, IGCSE and CBSE curriculum. Genesis also has collaboration with Clifton College, U.K.

The curriculum is comprehensive and based on core subjects going beyond academic book knowledge but also facilitating development of concepts, ideas and skills. Genesis provides novel sports facilities and plethora of co-curricular activities that have not been offered in School's before. It offers state-of-the-art boarding facilities which include extended day school up to 6 pm (day-boarding), five-day boarding (weekends with parents) and regular seven-day boarding with a fully equipped sick bay.



Figure 3: Infrastructure of the School

Campus: Genesis Global School, Noida is a premier day-cum-residential school offering a truly world class campus which is spread across a world-class 30 acre campus, with super connectivity via the six-lane Taj Expressway. The green campus concept has been employed in planning and construction of the school. 24/7 security of the campus is ensured through strategically located surveillance cameras and CCTV monitoring by trained security personnel.

Location: The school is situated in Noida, a suburban which has close proximity to the capital city, Delhi. It is an hour's drive from the Indira Gandhi International Airport at Delhi.

Academic Infrastructure: A Wi-Fi enabled campus, complete with spacious e-classrooms, multimedia library, computerized labs and classrooms; form the backbone of the academic infrastructure, which is at par with international standards. Genesis prides itself on providing extensive sports venues of the highest global specifications, including a fully air- conditioned multi sports indoor hall covering 1,10,000 sq. ft., an Olympic size 50m swimming pool, a separate toddler's pool, a 400m athletic track, three sports fields, tennis, badminton, basketball and squash courts, a shooting range and a horse riding arena



Sports and Co-curricular Infrastructure: It is a firm conviction of Genesis that physical activity through sports and games is an essential ingredient for the personality development of every student.

Personalized Learning: Genesis believes that learning is a dynamic process where each student learns differently. We provide developmentally appropriate practices by teaching in ways that match the way students develop and learn.

School Type: Coeducational school with hostel

Activities:



Figure 5: Sports Activities of the school

The school offers a very wide range of sports and games, so that every student can find at least one in which she/he can excel. These can be broadly clubbed into four categories.

1. Extreme Physical - Athletics, basketball, football, gymnastics, martial arts, squash and swimming.

- 2. Physical and Skills Badminton, cricket, horse riding, tennis.
- 3. Greater Skill Fencing, golf and table tennis.
- 4. Mental Chess and shooting

Theatre and Performing Arts comprises the means and provide avenues to express the same. Verbal expression is the first miracle of creative expression and it is also the most intimate of all.

Young students are exposed to the best of poetry, fiction, drama and music as a sound start to fulfilling theatre education. Gradually students are provoked to express themselves while retaining the student's unique personality and original creativity at the centre of all the guidance. Recitations, songs, plays, debates, dances are all directed under the guidance of teachers who feel deeply for the students and for their inner thoughts.



Figure 6: Theatre, Music & other activities

Daily Schedule for Boarders

- Waking Up Time: 05.30 AM
- Morning Conditioning: 06.00AM
- Milk: 06.45 AM

Morning Fall In: 07.25 AM

Afternoon- Remedial Classes – 3.30 PM to 4.30 PM, Games:03.45PM-05.20PM

- Evening Snacks : 05.20PM to 05.30PM
- Prep: 06.30PM to 08.00PM
- Dinner: 08.00PM to 08.30PM
- Night Milk: 09.10PM
- Lights Out: 10.00PM

Saturday Schedule for Residence Scholars

■ 7.00 AM to 9.00 AM – Morning games

by Resident Mentors.

■ 10.00 AM to 12.45 PM – Art and craft/ elocution/ Theatre

Social Service visits

■ Music – 3.30 PM to 5.15 PM

Movie once a month

4.00 PM to 6.00 PM – Additional Inputs for classes XI and XII in Maths, Physics, Economics, Accountancy



*(Activity classes include sports and creative activities)

Students can choose from a variety of sports like cricket, soccer, squash, horse riding, netball, basketball, fencing, swimming, table tennis, badminton, tennis, martial arts, Shooting etc.

Creative activities include drawing and painting, ar dance, photography, music, clay modeling etc.

Facilities:

At Genesis, scholars have an option of being day scholars or extended day scholars.

The extended day program is a wonderful option to suit the convenience of both parents and children. Scholars have the option to stay back till 5:45 pm and be a part of the extended day program where they participate in various interesting activities, sports and academics.

The child can play seasonal games or opt for specialized coaching in a particular sport. The extended day program



is therefore an extremely productive exercise instilling versatility and sportsmanship in scholars

Each scholar has a comfortable and cosy bed, a bedside table, a study table and a cupboard for their personal belongings. The scholars' residences are supported by laundry and housekeeping facilities.

A lounge and recreational room known as the common room in each Residence gives scholars an opportunity to play indoor games, watch television, and use the Internet.

SUNBEAM SCHOOL, LAHARTAKA

A unified coherent vision of what modern education should be!

Sunbeam was founded in 1972 by Dr. Amrit lal 'Ishrat Madhok and Mrs. Deesh 'Ishrat' Madhok, who felt the need of a private educational institution to cater to the holistic educational needs of the students fraternity in Varanasi and thus was born Sunbeam.

Sunbeam Lahartara has created a niche for itself amongst good schools with excellent academic delivery system and a parallel support system for the overall development of the child through more than 35 leisure activity clubs functioning 4 days a week, periodic personality development workshops, career counseling sessions, co-curricular and extracurricular activities and exposure to competitions all over. The current strength of the school is around 2000 students with over 135 teaching and other academic support staff.



Hostel at a Glance

Location: Just one km from the Varanasi Cantt. Railway Station and Roadways Bus Stop, Lahartara, Varanasi.

Campus: Situated around a kilometer from the Varanasi Cantonment Railway station, Sunbeam. Lahartara boasts of the best educational infrastructure in town with state of art computer, science & math laboratories, multimedia room, auditorium, teachers' resource center, senior and junior libraries, counseling information center and playground with standardized basketball, volley ball and badminton court.

School Timings: Class III upwards 7: 15 am -1:30 pm

School Type: Coeducational school with hostel

Extra Curricular Activities:

Regular training by proficient trainers in an area is chosen by the child himself to help in proving the hidden talent and provide him a platform to gain recognition and confident galore. There are various activities such as: Music-vocal, Elocution-Debating, Art and Craft & Painting, Electronics, Sculpture, Yoga, Recitation, Poetry writing, Story writing, Dance- Indian Classical, Indian Folk, Western.

Sports Facilities: The Sunbeam School, Lahartara have excellent sporting infrastructure and provide sports coaching in variety of disciplines all year through.

Boarding Stay:

The Hostel facilities were added to the campus in the year 2011 with the view to provide not only educational but 'edu-caring' experiences in "a place to excel".

Sunbeam Lahartara hostel has separate wings for boys and girls who enjoy the best of infrastructure facilities, a warm stimulating and enlivening atmosphere and affable mentoring to make their stay enriching and memorable.

Dining is a special time as all eat together 'Family Style' in a large Dining Hall. Boys and Girls have separate dining halls, which can be combined at the time of celebrations and gatherings. Quality home style, hygienic, nutritious vegetarian and Non-vegetarian Indian, Chinese and continental meals are served. All the children eat together under the supervision of the Hostel Staff

- O The intake for the hostel is from classes VI to XI.
- o Three –sharing and dormitory style accommodation (air- cooled)
- O Separate infirmary for boys and girls with regular health checkups.
- o 24 hour security with CC camera and technology support
- o Food Court, PCO and Stationary shop
- o Library, Students resource centre and recreation lounge.
- o 24 hour 'Reverse Osmosis' purified clean drinking water
- o Hi-tech Campus with wireless broadband internet connectivity and state of art computer resource centre
- o Specifically designed dining hall with Satellite connected TV, Researched menu, keeping in mind the nutritive requirements season-wise.

A day at Sunbeam Lahartara Hostel

- o Wake Up call 05:00 am
- o School Timing 07:00 am to 01:30 pm
- o Refreshment in school 10:15 am
- o Lunch 01.20 to 2.15 pm
- o Integrated Coaching Program 02:30 to 04:30 pm
- o Mass Drill and Evening Sports 05:00 to 06:00 pm
- o Refreshment 06:15 to 06:30 pm
- o Self Study 06:30 to 08:00 pm
- o Evening Assembly 08:15 to 08:30 pm
- o Dinner 08:30 to 09:00 pm



- o Dorm Meeting / Bag Pack 09:00 to 10:00 pm
- o Lights Off 10:00 pm
- Note: The above routine can be changed any time without prior notice

Buddy System

For boarding students, the House warden is the effective guardian caring for a group of students. S/he regularly inspects the bedrooms and studies, and checks on the student's diet, personal hygiene, skin and hair care, the availability of toiletries and the condition of clothes. S/he liaises closely with the academic staff to monitor the quality of students' prep and other academic work. The house wardens carry a major responsibility for the happiness and integration of students and for keeping in close touch with the parents by email or other means.

- Every student is cared for by a House warden whose first concern is to get to know him or her as an
 individual whose talents and interests can be stimulated and developed.
- o Each student's social and academic progress is carefully monitored and reported to parents.
- o House Wardens are supported by an extended medical and housekeeping team.
- All students participate in a program of Personal Social and Health Education devised and coordinate by the Director of Guidance who also gives personal and academic counseling to individual students.

The 'Buddy' system is used for new boarders in which new students are allocated a 'Buddy' from their own peer group, who assists the new child in settling into the boarding house. The peer-to-peer approach successfully addresses student's doubts and worries in a friendly manner.



DALY COLLEGE, INDORE

This building was begun in 1882 and opened by Lord Dufferin in 1885. It was entirely made of reinforced concrete. The classes were held on the upper floor. The lower floor accommodated the Principal's office, a general reading

room and the library, which contained numerous valuable books on Arts, Science, History, and Oriental Literature.

The bust of General Sir Henry Daly presented by H.H. the Maharaja is placed in the Central Hall on the upper floor.

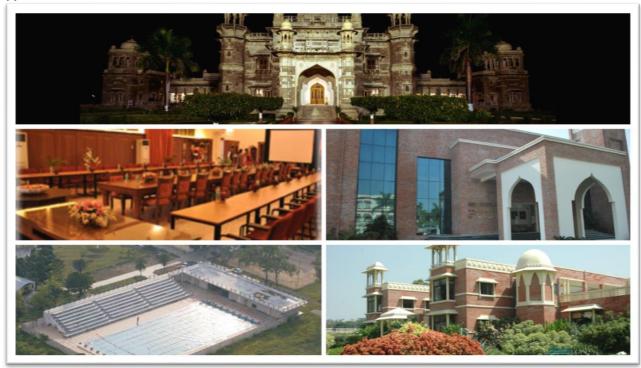


Figure 7: Infrastructure of Daly College

Campus: The Daly College is situated on a sprawling 118.8 acre lush green campus with manicured lawns, colorful gardens and two beautiful artificial lakes. This land was donated by the Holkar rulers of Indore. There are a large number of playing fields & courts in an area of 282992.5 sq. meters in addition to heritage as well as modern buildings. The main building of DC is amongst the best examples of the Indo Saracenic style of architecture (designed by the architect, Col. Sir Swinton Jacob), and is essentially the pride of the Daly College. The main building at DC is fundamentally a synthesis of western and Indian elements. The Durbar Hall is situated in the center of the main building and houses the portraits of some of the Original Donors and of Gen. Sir Henry Daly.

Location: Situated on the Malwa plateau in central India, Indore is well connected by rail, road and air. There is air connectivity with Mumbai, Delhi, Pune, Bangalore, Kolkata and other big cities. The climate is temperate and very pleasant, except in May when it gets warm. The Daly College was established in 1870

when it was known as the Residency School. In 1876 it was renamed the Residency Rajkumar College. It was in the year 1882 that it came to be known as the Daly College.

School Type: Coeducational school with hostel



Activities

Extra Curricular Activities

- Dance
- o English Dramatics
- o Hindi Dramatics
- o Indian Music
- o English Solo
- Western Music
- Band

Sports Activities

- Cricket
- Football
- Basketball
- Hockey 0
- Squash 0
- Swimming
- Tennis 0
- o Shooting
- Athletics
- o Skating
- o Badminton
- 0 Climbing
- o Golf
- Judo 0
- Volleyball 0
- o Gymnastics







Figure 9, 4: Sports Activities

Certain Dos & Don'ts

- 1. Please check your uniform before you leave the Boarding House / Home in the morning. It should be clean, ironed and as per regulations. Shoes should be polished, and missing buttons and opened out stitching should be attended to personally.
- 2. Boys should maintain a reasonable length of hair and have regular haircuts. Long side burns or long hair at the back of the neck are not permitted. Beards or stubble growth are not allowed and regular shaving must be done as necessary.

(This does not apply to Sikh boys unless they have opted to be 'clean shaven').

Finger nails must be kept clean and clipped short.

- 3. Informal dress may be worn within the campus only by the boarders on Sundays/Holidays up to evening tea. Thereafter, evening dress as prescribed will be worn.
- 'Slippers' or open strapped footwear are not allowed as a part of informal dress
- 4. When going out of the campus, the regular prescribed uniform must be worn by the boarders.

Daily Routine:

SENIOR SCHOOL SCHEDULE

Rouser 05.30 am

Morning Tea 06.00 am

Physical Training 06.10 am - 06.40 am

Hospital – Sick Report 06.10 am – 07.25 am

Change 06.40 am - 07.15 am

Self Study (in House) For Boarders 07.15 am -08.05 am

Remedial Classes for Boarders 07.00 am – 08.00 am

Breakfast 08.05 am

House Line up – Day Boarders 08.20 am

Inspection – Boarding House line up 08.25 am

HMs meeting with the Principal 08.35 am

Assembly 08.40 am

Home Room 09.00 am – 09.05 am

1st Period 09.05 am - 09.45 am

2nd Period 09.45 am - 10.25 am

3rd Period 10.25 am - 11.00 am

Tea Break 11.00 am - 11.20 am

4th Period 11.20 am - 11.55 am

5th Period 11.55 am – 12.30 pm 6th Period 12.30 pm – 01.05 pm 7th Period 01.05 pm - 01.40 pmLunch Break 01.40 pm – 02.10 pm Change / Line up 02.10 pm - 02.35 pm8th Period 02.40 pm – 03.15 pm Games 03.20 pm - 04.20 pmEvening Tea 04.20 pm – 04.35 pm Buses Leave 04.40 pm Hospital – Sick Report 04.40 pm – 05.25 pm Change – Personal Hour 05.25 pm – 06.15 pm House line up 06.15 pm Prep 06.30 pm - 08.00 pmDinner 08.05 pm Night line up 08.40 pm Self Study Period 09.15 pm – 10.15 pm Lights Out 10.30 pm

What is expected from you? Below are a few things that you need to consider carefully and understand.

While on the exchange you are acting as an ambassador for Round Square and more specifically your school and country. This is a position not to be taken lightly, as your time host schools leaves a lasting impression and one that will affect future project proposals. To help you with this, read and understand the following points and why they are in place.

- a) Students must abide by the regulations of the host school concerned.
- b) The student must act positively as a member of the school and fulfill responsibilities and perform duties appropriate to his or her age.
- c) While visiting the host country, the student must abide by its laws.
- d) The student may be permitted to travel only when a staff member, host parent, accompanies him or when participating in an organized trip. At any other time it is with express permission of the parent.
- e) Students must have comprehensive travel and medical insurance for the duration of the exchange.
- f) Students must be present for all meals. A special diet will be provided to exchange students on request and at no cost.

- g) Discipline matters must be reported to the House Master/mistress for appropriate disciplinary action to be taken.
- h) Illness or any injury must be reported to the House Master/Mistress at once.
- i) If a student engages in any of the following acts during the period of the stay. He/ she may jeopardize the continuation of his/her role in the school and it may be decided that the best course of action by the host school would be to return the student to his/her school. Only the Head of the school has the power to send away a student from the school in case of persistent intolerable behavior.

This may include the following:

- 1. Driving a motorcar or motorcycle without permission.
- 2. Regular absenteeism from class without proper reason.
- 3. Possession or use of a narcotic drug.
- 4. Drinking alcoholic beverages or smoking.
- 5. Breaking other published or explained rules and regulations of the host school.
- 6. Unless they are given official permission, from the House Master, to go elsewhere they will not leave the campus.
- 7. Since cultural differences do exist, understanding and tolerance are very important qualities that you must work with always.
- 8. At the end of the day common sense rules.



THE RAJKUMAR COLLEGE, RAJKOT

The Rajkumar College, Rajkot was established in 1868 by the Princes and Chiefs of Kathiawar currently Saurashtra region of Gujarat]. It is the oldest of the colleges in India founded for the education of the Princely order. The College is a founder member of the Indian Public Schools Conference (IPSC) established in 1939 on the lines of the British Public School Education system.

The Rajkumar College (widely known simply as RKC) is a co-educational boarding and day school catering for children between the ages of five to eighteen. It is affiliated to the Central Board of Secondary Education.



Figure 10: Infrastructure of the college

Campus: The Rajkumar College has been endowed with an enduring and rich heritage with a built up area of 41678.25 sq. mtrs. One of the buildings on the campus houses '*Priyalok Vilas*' – a professionally run preschool, established in 2001, providing quality activity-based education for children from three years of age. Its recently restored life-size portraits and weaponry create an aura of majestic splendor. Its wide-ranging facilities are housed in large and imposing buildings gifted over the years.

Location: Rajkot, capital of the former Saurashtra State, is an important industrial city in the Saurashtrian peninsula of Gujarat. It is well connected to all major cities in India by road and rail. There are daily flights to Mumbai.

Sports & extra-curricular activities: Sport occupies an important part of College life for Boarders, Towners and our students are passionate about their sport and justly proud of their distinguished heritage. A carefully planned program for physical education includes age-wise coaching for athletics, basketball, cricket, football, hockey, rifle-shooting, swimming, tennis, table-tennis, gymnastics and volleyball. There is regular participation in district, state, national and IPSC tournaments.

School Type: Coeducational school with hostel

ACTIVITIES:

Extra Curricular Activities:

Ample opportunities and facilities are provided to cater to the diverse needs of boys and girls. Co-curricular activities include fine and creative arts, instrumental and vocal classical music, dance and physical education. Other activities include dramatics, recitation, lectures, debates, public-speaking, science and computer projects, quiz program, environmental awareness and archaeological excursions, trekking and yoga.

Educational field trips are arranged during term-time in conjunction with these activities. One field trip per class, per term, is arranged for a minimum duration of two to three days. There is also a guided visit to Hingolgadh Nature Reserve. Trips within the country are generally to forested areas and supervised camping is encouraged. Closely supervised tours to various parts of the country also take place in the vacations. The emphasis is on gaining knowledge of national assets in preference to traveling out of the country.

- o Singing
- o Dance include Bharatnatyam
- o playing musical instruments include Tabla, Sitar, Violin, Flute, Guitar, Harmonium,
- Other events and cultural festivals



Figure 11: Extracurricular activities

Sports Activities: The College has sprawling playing fields with comprehensive facilities. A carefully planned program for physical education includes age-wise coaching for athletics, basketball, cricket, football, hockey, rifle-shooting, swimming, tennis, table-tennis, gymnastics and volleyball. There is regular participation in district, state, national and IPSC tournaments.



Figure 12: Sport Activities

Boarding Stay

The Housemistress is assisted by an Assistant Housemistress and a team of matrons & helpers. Boarders learn the norms of boarding life here – such as making a bed, cleaning and other domestic routines, organizing activities, hospitality, table manners & etiquette. Life at Prep Lodge is full of fun, frolic and learning.





The Intermediate House

Boys of Forms 7 & 8 belong to the Intermediate House. The adolescent boys support each other in activities be it a fancy dress competition, debating or a trip to a place of interest. They involve themselves in inter-dormitory skits, handwriting, drawing and elocution competitions.

The Lower Senior House

Forms 9 & 10 boarders constitute this house. Here, students spend more time improving their study skills. This age group is very active in major tournaments and games played at school. They also help the seniors and staff in organizing school functions and ceremonies.





The Upper Senior House

The Upper Senior Lodge houses the senior most boys of the school – Forms 11 & 12. The Perfectorial team, elected jointly by their peers and the staff, organize and conduct the daily proceedings beginning with the morning assembly till the dinner fall-in.

The Upper Senior boys continue to participate in lodge activities such as lecturettes and conduct programs like debates, dramatics and dance. They form a major group representing the school at various inter-school competitions and functions.

The Girls' Hostel

With the admission of girls in 2000, the number of boarder girls has increased to 50. Kumari Ananya Gardi Girls' Hostel is an aesthetically designed architectural wonder. If its portico falls in line with the heritage structures around, the interior is modern, welcoming, fun and spacious.

There are study rooms and recreation facilities with a large open area for performances. The senior prefects assist the housemistress in the smooth functioning of the hostel.





Daily Routine:

The morning begins with physical training (PT) followed by a school assembly and academics till lunch time with a breakfast and mid-morning break. House Time, Afternoon Studies (Prep), remedial classes and co-curricular activities are held in the afternoon. After tea, organised games are scheduled for an hour. The College is well known for its fine record in cricket and we are also strong in hockey, football, tennis, basketball, athletics and aquatic sports.

Day Scholars may participate in the routine Prep, sports and extra-curricular programmes of the College, but have the option of ending the school day and going home after classes at lunch time.

For those in residence, evening study is followed by dinner and lodge activities. "Lights out" is not later than 10.00 p.m. for all except Seniors who are allowed to study till 11.00 p.m. Prior to Board examinations, boys and girls are permitted a further, short period of study in their study rooms.

Sundays and holidays are earmarked for playing matches, leisure-time pursuits and outings.





Canteen

The Canteen functions in the afternoons and evenings on almost all days. Children enjoy having cold drinks and fast food varieties in the canteen. Students are free to spend part of their pocket money, sanctioned every month, in eating at the canteen. The canteen facilitates healthy, informal interaction across age-groups. Boys unwind, chat and treat their friends at the canteen.





THE EMERALD HEIGHTS INTERNATIONAL SCHOOL

Emerald Heights, founded in 1982 is the first international, co-educational English medium school with residential facility in Madhya Pradesh. Drawing inspiration from Sri Aurobindo and the Mother, it undertook to work out and develop a scheme of integral education compatible with the contemporary needs. Since its establishment, the students of school have made their mark in academics and sports.

The outstanding performance of the school is borne out by merit lists every year and several coveted trophies in academics, dramatics, music, dance, fine arts, and various indoor and outdoor sports. The Emerald Heights International School stands tall in central India, as an educational institution with a global ambience. With a reputation for creating future oriented global youth, who adorn the society with their scholastic achievements and possess an invincible drive to excel in every sphere of life, it has cultivated an environment which provides its students intellectual exposure with many avenues to reach their goals successfully and express their creativity and talents.

Emerald Heights is affiliated to Central Board of Secondary Education (CBSE), New Delhi. The Emerald Heights International School offers its students in India, Internationally renowned qualifications that are recognized by educational institutions and employers across the globe. The aim through the school affiliated programs is to prepare the students to get globally recognized.



Figure 13: Infrastructure of the School

Campus: The Emerald Heights International School is spread over in 95 acres of lush green campus. The architecture reflects a vibrant mix of urban and heritage style construction with all the modern facilities.

Location: The school is situated in Indore, which is one the fastest growing cities in the country and is very well connected to all other major cities. Indore is also developing to be an educational hub with renowned institutions like IIM and IIT setting up their campuses.

Academic Infrastructure: Grooming lab, Science labs, Computer labs, Mini auditorium, Smart classes, Library, Language lab and Math lab.

Sports and Co-curricular Infrastructure: 8 deco turf tennis courts, 6 squash courts, 6 basketball courts, 22 lane shooting range, 6 badminton courts, 2 football grounds, 2 cricket grounds, skating rink, dance rooms, music rooms, art studio, sculpture studio, craft studio, aerobics, gymnasium, table tennis arena, half the Olympic size swimming pool and 2 volley ball courts.

Personalized Learning: In addition to having an international educational curriculum with an excellent infrastructure, we create a difference by our approach towards teaching methods. We at Emerald Heights emphasize on PERSONALISED LEARNING for each student. Personalized learning takes place when there is an education system in which assessment, curriculum, teaching style and out-of-hours provision are all designed to discover and nurture the unique talents of every single pupil.

School Type: Coeducational school with hostel

Activities

Sports Activities

- Cricket
- > Tennis
- Squash
- > Football
- Table Tennis
- Swimming
- ➤ Basketball
- ➤ Badminton
- Shooting
- ➤ Volley Ball
- > Judo
- Billiards
- **>** GYM
- ➤ Other Sports

Co-curricular Activities

- > Dance
- ➤ Aerobics
- ➤ Art Gallery
- Sculpture Studio
- > Chess
- > NCC
- Quiz
- ➤ Instrumental/Vocal Music
- Model United Nations

Boarding Stay:

For many people, coming to boarding means living away from home for the first time. This is a place that is clean, comfortable, safe and within easy reach of all activities. Here residential students are best equipped with to take full advantage of all the facilities and opportunities provided to them. Accommodation for students is provided in well maintained, fully furnished hostels with very spacious dormitories. It's here, where young students learn the spirit of togetherness and imbibe the value of sharing and caring for one another.

The Residential Students have a well- placed schedule which has allocated time for self-study, tuitions, remedial classes, games, recreational activities and rest. The student's well-being is looked after by a team of dedicated house staff, who provide a homely and friendly atmosphere.

Boys: The school provides a separate residential facility for the boys keeping in mind the rich Indian culture and traditional values. Facilities like TV rooms, reading lounge, recreation rooms with table tennis and pool tables and separate space for study is provided. The wardens give individual attention to each child, acting like strong and motivating parents students counseling at every junction.

Girls: The school provides a separate residential facility for girls keeping in mind the rich Indian culture and traditional values. The girls boarding provides a home like feel with all residential facilities. There is a comfort lounge with pool table and table tennis table, plasma TV halls, separate study rooms, separate dormitories attached with changing and wash area. The wardens have rooms attached to the dormitories so individual attention can be given to each child.

Certain Dos & Don'ts

PHONE CALL DAYS			
CLASS	DAY	TIME	
I to III, VI, VII	Monday		
IV, VIII	Tuesday		
V, IX	Wednesday	9:00 pm to 11:00 pm	
X	Thursday	**	
XI	Friday		
XII	Saturday		

Daily Routine:

1.	Wake up	-	5:45 am
2.	Get ready for school	-	5:45 am to 7:00 am
3.	Breakfast	-	7:00 am to 7:20 am
4.	School hour (VI to XII)	-	7:30 am to 1:30 pm
5.	School hour (I to V)	-	9:00 am to 3:00 pm
6.	Lunch	-	1:30 pm to 2:00 pm
7.	Rest	-	2:00 pm to 2:45 pm
8.	Boarding activity	-	3:00 pm to 4:30 pm
9.	Snacks	-	5:00 pm to 5:20 pm
10.	Evening tuition	-	5:30 pm to 8:15 pm
11.	Dinner	-	8:15 pm to 8:45 pm
12.	Recreation	-	9:00 pm to 10:00 pm
13.	Self study	-	10:00 pm to 11:00 pm (During Exam)
14.	Lights off	-	10:30 pm (Regular days)



BIRLA INTERNATIONAL SCHOOL, KISHANGARH

The Birla Education Trust, a pioneer in the field of Indian education, was founded at Pilani in 1929 by the great visionary, renowned industrialist and patriot, Dr. G.D. Birla. Pilani has since emerged as an educational township, with reputable institutions. This school provides world class education with the choice of an Indian or an international curriculum for boys and girls from India and abroad.



Figure 14: The School Compound

Campus: The school building is situated on a large estate of 48 acres, with playing fields and buildings representing the resplendent architecture of traditional Rajasthan. The school buildings & the students' halls of residence are air-conditioned and designed for comfort and utility. Classrooms are spacious and creative work centers are configured to include a staff preparation room and an interaction room in every cluster. The use of ICT in learning is a conspicuous feature, as are the Computer and Science Laboratory facilities, the school Library, Language Lab and Resource Centre. An important feature of the curriculum is the liberal provision for art, craft, clay modeling, music and dance in the aesthetically designed Hobby Centre. The entire campus has internet connectivity through Wi-Fi; the main school building, all classrooms, labs, dormitories and the library are provided with internet cable connectivity as well.

Location: The school is located in Kishangarh, Rajesthan.

School Type: Coeducational school with hostel

Extra Curricular Activities:

Trips & Excursions: Trips and excursions are a regular part of the school routine. Children are taken to various places nearby and far away from school. These trips help children to inculcate social responsibility and knowledge about the rich culture of our country. Local excursions and generally held 2 times in a month, while long tours are provisioned two times in a year, i.e. in Winters and in Summers. During these trips children are provided best transportation, food and security





Figure 15: Different Extra Curricular Activities & Hobbies

Competitions: BIS conducts weekly Mentor wise/Class wise competitions spanning across various fields to take the students beyond their limit individually and as a team. The children along with their teachers forge to go head to head with their peers. Students look forward to showcasing their talents through these contests.

- 1. English Declamation competition
- 2. Hindi Declamation competition
- 3. IT Quiz
- 4. Hindi Skit competition
- 5. English Skit competition
- 6. Maths Quiz competition
- 7. Rangoli making competition
- 8. Mendhi design competition

- 9. Rakhi making competition
- 10. Hindi poem competition
- 11. Class decoration competition
- 12. Calligraphy competition
- 13. Hindi essay writing competition
- 14. English essay writing competition
- 15. Poster making

Hobbies:

- Music (Indian and Western)
- Dance
- Art & Craft
- Clay Modeling
- Wood & Metal Craft
- Theatre
- Library Activities

- Indoor games hobbies
- Science Club
- Debating
- Aerobics
- Computers
- Environmental Club

BIS have two lush green ground for football, one big ground for cricket and other outdoor sports. School has a clean and very well managed Swimming pool which is nowhere less than an international swimming pool. Apart from that two basketball courts, two badminton courts and large space is available for horse riding. At present school are running the following outdoor games-

- 1. Horse riding
- 2. Cricket
- 3. Football
- 4. Basketball
- 5. Volleyball
- 6. Badminton
- 7. Swimming



Figure 16: Sports Activities

- 8. Skating
- 9. Lawn Tennis
- 10. Gymnastics

Hostel/Boarding Stay:

A child in a hostel has been found to be more committed, confident and shoulder responsibilities to take decisions on their own. Secondly, most important aspects of a good residential school are pastoral care and homely environment. These two things are given prior importance in BIS. Birla International School has two huge dormitories, one for boys and other for girl students. Both the dormitories have the same infrastructure and facilities. The both hostel buildings are fully air conditioned and also has the facilities for room heaters in winters. The residential hostels have been designed to give comfort, privacy and safety to the students. Both 2 stories hostels house 68 students on each floor, cared for by the Housemaster, Housemother and hostel attendants. The house master maintains medical, academic and personal progress records of the wards in his care as well as gives pastoral care to the students. Housemother takes care of pastoral needs of the students. Each hostel block has a large cheerful common room where the students can enjoy their hours of leisure. Overall it is an ideal place for a student to stay and learn.



Figure 17: Boarding Stay

Hostel Facility: Dormitory is the second home for a child, where he feels comfortable and spends most of the time. Although academic and co-curricular activities are run in the school building but dorms activities are basically the personals activities of the child which he does in his room or the hostel building. Apart from the daily routine, children find time to do the following activities in the hostel:-

- 1. To decorate the soft boards of their rooms.
- 2. Playing Indoor games and badminton.
- 3. Watching TV and accessing Internet for Projects etc.
- 4. Preparation for morning assembly and skits.
- 5. Watching Saturday Movie and many more.
- 6. Regular PREPS, Self-study and Remedial classes.



OAKRIDGE INTERNATIONAL SCHOOL, VISAKHAPATNAM

Oakridge International School is one such pioneer in the field of education - introducing new generation education in India High academic standards are symbolic of its ideology and commitment to academic excellence. Within the broad based curriculum options offered, ample opportunities are provided to develop and assess the critical creative thinking skills, flexibility of approach, ability to work with and serve others, and the grit and fortitude in the face of challenges. A kaleidoscope of extra-curricular activities, support the education program of the institution, for the ultimate Oakridge product- confident and active learners with a strong individuality.

The school aspires to achieve excellence in holistic education through the variety of its programs and a curriculum designed specifically for nurturing and developing all the diverse attributes of the children's growing personalities. The teaching in the school is secular in nature and does not propagate any religious belief. Students are encouraged to look at their spiritual side through the development of values which are valuable to mankind as a whole. We teach students to respect all religions, cultures and beliefs in a spirit of international mindedness.



Figure 18: Boarding Life

Location: The city has a port called Visakhapatnam Port started in 1933. It is primarily an industrial city, apart from being a port city. It is also home to the Eastern Naval Command. The city sometimes goes by its now mostly defunct colonial British name, Waltair. During the colonial era, the city's hub was the Waltair railway station, and that part of the city is still called Waltair. It is sometimes referred to as the "City of Destiny".

Campus: The school has launched with the prime intention of bringing to children to grow up in modern India, with a unique scholastic ambience where they can be intensive and creative to be involved where they want to learn, to know more and to add value. The school focuses on bringing to children the best of resources, learning experiences and infrastructure to help them realize their full potential and true worth as multi-dimensional personalities and creative lifelong learners.

Social Conscience: Oakridge vividly embraces multiform, the students egalitarian approach to health and hygiene has been the grandeur for the villagers in the neighborhood have been the hood. The community services camps have been a spectacle of leadership led by conscience.

The students understanding of the accreditation to one's rights, fairplay and justice commits them to a service

and they derive their inspiration from Community Leaders well acclaimed in the world.

The parents, teachers and children join hands to contribute materials, conduct eye check camps, create awareness in health and hygiene practices go a long way to make our children rich in virtues.

Extra Curricular Activities:

Adventure Camps

Organizations recognizing the importance of strong and





Figure 19: Activities

purpose filled leadership in conjunction with effective and aligned team work will benefit from developmental programs offered by the Oakridge initiative .Our programs and adventure trips offer a unique and dynamic atmosphere for improvement of leadership abilities by combining interactive team activities, training modules and survival tactics.

The adventure camps conducted twice every year for children of classes IV-X manifest in them strong will power, confidence, free from fear psychosis increase their self esteem. Rock climbing, rappelling, stream crossing, over night jungle camping, tent pitching, trekking, make the children enjoy nature and give them a big deviation and a thrilling experience in their life time from the everyday routine of the school life and home life. The conversations, the discussions and eliciting responses, all defer in an adventure camp. So everything is different in a camp

Student Leadership

One notable future of the house system is the nomination and election or appointment of house captain, whose job is to run the entire house with house masters assigned to the house, serving only as mentors.

Each house is presided over by a master, a senior faculty member responsible for guiding, social life and community of the house while the house master supervises the day to-day academic and disciplinary well being of students within the house. The house master is assisted by tutor & matron who help the boarders to groom them as well.

The Art

"Imagination is the beginning of creation. You imagine what you desire, you will what you imagine and last you create what you will." Visual arts and craft have been the main windows of creation by students. To re energize themselves after hours of class work the students find art work as an important engagement.

Children understand that creativity is allowing themselves to make mistakes where as art is knowing which ones to keep. The Art Studio, the Music Studio are active places where a child opens up his heart to realize his own self.

Field Trips

Popularly known as experiential learning the school expects every teacher to expose the children to experiences. Facilitating learning through reflection on doing in contrast with rote learning, we focus on the learning process for the individual.

Visiting a zoo, taking samples of water from a pond for studying pollution, visiting Agricultural farms as sowing or reaping is done, visiting a Jute mill to know the production process, enhance the learning output...

Oakridge specializes in tapping analytical skills of students to conceptualize the experience and engages the learner at a more personal level by addressing their needs and wants. The school has programmed field trips predetermined and placed for information through the school calendar.



Figure 3: A Day in a Boarding

The Boarding Facility

- ✓ 4+4 bed boarding cluster with attached toilet block
- ✓ 50 children in the pastoral care of one house master /mistress, matron and a tutor

- ✓ A resident doctor, with a dedicated ambulance
- ✓ Principal and Bursar living on campus
- ✓ Separate study block for supervised study
- ✓ Personalized study table in the living room for self study
- ✓ Boarding facility for 120 girls and 300 boys
- Dining hall that accommodates 450 members, plus a kitchen
- Round the clock security.

Counseling: The school has qualified Counselors on its staff and students may either be referred to them for help by another teacher or the student may choose to visit the counselor independently.

Mentoring: The school will develop a system of mentors. To begin with the mentors will be members of staff. Each student will be assigned to a Mentor Group and the member of staff in charge of that group will meet the group regularly as a group and individually.

Disciplinary Procedures: The Student handbook shall be given to the student. .

Daily Schedule:

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6:00 am Wake-up
6:00 am - 6:30 am Morning Ablutions / Tea & Biscuits
6:40 am - 7:20 am Morning games
7:25 am - 7:55 am Wash and Change
7:55 am Roll Call
8:00 am - 8:25 am Breakfast
8:30 am - 3:05 pm School
3:15 pm - 4:00 pm Relax time
4:00 pm - 4:15 pm Tea & Snacks
4:15 pm - 5:15 pm Sports & Games
5:30 pm - 6:00 pm Wash & Change
6:00 pm - 7:30 pm Prep - 1
7:45 pm - 8:15 pm Dinner
8:30 pm - 9:45 pm Prep -2
09:45 pm - 10:00 pm Bed Time
10.00 pm Lights off
Saturday Schedule:
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6:30 am Wakeup

7.00 am -7.15 am Tea Time

7:15 am - 8:15 am Play time

8:15 am - 8.45 am Wash and Change

9.00 am - 9.30 am Breakfast

9:30 am - 11:30 am Supervised Study

11:30 am - 1:00 pm Cultural prep

1:00 pm - 01:45 pm Lunch

2:00 pm - 4:30 pm Television

4:30 pm - 5:45 pm Games

5:45 pm - 6:15 pm Wash & Change

6:15 pm - 6:45 pm Meditation & Prayer

6:45 pm - 8:15 pm Supervise Study

8:15 pm- 9:00 pm Dinner

9:00 pm - 10:30 pm Cultural

Any outings with a guardian after 02:00 pm

Sunday Schedule:

6:30 am Wake Up

7.00 am -7.15 am Tea Time

7:15 am - 8:15 am Play time

8:15 am - 8.45 am Wash and Change

9.00 am - 9.30 am Breakfast

9:30 am - 11:30 am Supervised Study

11:30 am - 1:00 pm Cultural prep

1:00 pm - 1:45 pm Lunch

2:00 pm - 4:30 pm Television

4:30 pm - 5:45 pm Games

5:45 pm - 6:15 pm Wash & Change

6:15 pm - 6:45 pm Meditation & Prayer

6:45 pm - 8:15 pm Supervise Study

8:15 pm - 9:00 pm Dinner

9:00 pm - 10:30 pm Cultural