



# AFS Folk College Program

- explore and develop your full potential in a Danish folk college

## What is a Folk College?

The Danish Folk College is a unique school concept that can be described as a "School of Life", where you can learn everything that you can't learn out of books. There are no exams or academic requirements for admittance, but you will probably learn more on a personal, interpersonal and intercultural level than you would have ever thought possible.

You sleep, eat, follow classes and spend your spare time in and around the college together with your fellow students and teachers. In that way you are able to live in a family-like community and create a safe space where everybody can be themselves, try out new things, make mistakes and learn.

Since you are retreated from the everyday life stress and struggles, you can fully focus on your own personal development in a reflective and inspirational environment. You can further develop your existing talents or discover totally new ones.

## How will you benefit?

- Improve your **English**
- Grow in **self-knowledge**, get clearer on what kind of person you are and want to be, what you want to do in the future and which life choices you want to make
- Expand your **knowledge and skills** on a wide range of subjects of your own choice (arts, global citizenship, culture, outdoor, sports)
- Experience the **"folk college" philosophy** of non-formal adult education (as opposed to formal education at universities, art academies etc)
- Develop your **interpersonal, intercultural and intergenerational competencies** as you will live and study alongside Danish and other international students of different ages and with different values and opinions than yours
- Get an insight into **Scandinavian and Danish culture** through your Danish AFS contact family and Danish fellow students

## What folk college to choose?

AFS offers nine different folk colleges with very different courses. On the following page you will find a description of each folk college. But images and videos often say more than words, so have a look at the folk colleges' own websites. We also recommend you to check out the following website about Danish folk colleges in general: <http://www.danishfolkhighschools.com/>

## Your Global Competence Certificate

Your AFS midterm orientation takes place over a weekend where you will meet participants from all over the world. During the weekend you will continue the Global Competence Certificate, which you have already started before your arrival.

## Who are you?

- You should be mature and independent enough to take part in an adult program and you should be reasonably good at English
- You should be from 17 years and 6 months to 30 years old (Egå/Ribe: from 16 years and 6 months to 19 years old) at program start
  - be prepared to actively engage in the college life and to not live in a host family
  - have reasonable English skills as a minimum

## Program highlights

- Experience the vibrant life at a Danish folk college for 19 to 45 weeks
- Take part in the course of your choice together with your fellow students
- Be a part of a Danish AFS contact family
- Meet all the other AFS participants during your midterm orientation

## Brenderup Højskole

At Brenderup Folk College students from all parts of the world gather to learn about global citizenship.

You will take part in the international class and deal with a wealth of topics within **global citizenship**.

You will also have the opportunity to take part in practical workshops, such as **art, handicraft, music, sport, recycling design** as well as Danish language.

### Program periods:

- 8. August 2022 to 19. December 2022
- 8. August 2022 to 20. June 2023

### Read more about the folk college at

<https://brenderuphojskole.com/en/forside-english/>

## Nordjyllands Idrætshøjskole

Nordjyllands Sports Folk College is a school for **sports and athletics** and it offers a wide range of different sports.

You will have 15 hours of physical/sports lessons per week (which sports activities to choose is up to you).

You will also be part of the international class which focuses on Danish culture, youth culture, pedagogics and the special Danish tradition of democracy.

### Program periods:

- 7. August 2022 to 17. December 2022
- 7. August 2022 to 2. July 2023

### Read more about the folk college at

<https://nih.dk/welcome-to-nih/>

## Performing Arts College Snoghøj

At Snoghøj you will be able to take part in the **Producing Performance Artist Class** and have the chance to pursue your dream of becoming a creating artist. You will experience what it takes to manage the entire process of making theatre and learn all about how to put up your own plays.

There are also elective subjects within arts, adventure and sports. Danish lessons are available to international students.

### Program periods:

- 7. August 2022 to 18. December 2022
- 7. August 2022 to 18. June 2023

### Read more about the folk college at

<https://www.snoghoj.dk/?lang=en>

## Odder Højskole

Odder Folk College aims to provide you with an overview and perspective in a world which is ever changing.

It is a folk college with a strong focus on developing creativity in all aspects of your life.

The folk college has a wide range of subjects including **film & TV production, design, programming, gaming, music, song, dance, design, sports, drawing & art**.

### Program periods:

- 8. August 2022 to 18. December 2022
- Year program not available

### Read more about the folk college at

<http://www.odderhojskole.dk/en/>

## Silkeborg Højskole

At Silkeborg Folk College you will learn to think globally and act locally to become an entrepreneur in a global world making a positive change.

The main international line is **changemaker/global citizenship** which is mandatory. You will also be able to choose between subjects within sports (eg. water sports, ball games), art (ceramics, drawing), music and video/storytelling.

### Program periods:

- 8. August 2022 to 18. December 2022
- Year program not available

### Read more about the folk college at

<https://silkeborghojskole.dk/international-students>

## Brandbjerg Højskole

Brandbjerg Folk College has vast grounds and untouched forests and lies in a beautiful part of Denmark.

The subjects offered include **sustainability, climate activism, entrepreneurship and outdoor**.

You may also choose subjects such as **dance** and **music** (which includes song writing, band/ensemble, singing, choir, sound design and much more).

### Program periods:

- 16. August 2022 to 12. December 2022
- 16. August 2022 to 26. June 2023

### Read more about the folk college at

<https://brandbjerg.dk/subjects/>

## Vestjyllands Højskole

Vestjylland Folk College has a strong focus on ecology and sustainability.

The subjects offered include **sustainable lifestyle, ecological entrepreneurship and sport/outdoor life**.

You may also choose subjects such as **dancing, music, singing, art, theatre, cooking, writing, philosophy, politics** and **Danish language**.

### Program periods:

- 8. August 2022 to 19. December 2022
- 8. August 2022 to 20. June 2023

### Read more about the folk college at

<https://www.vestjyllandshojskole.dk/what-is-hojskole>

## Egå and Ribe Ungdomshøjskole

- *two youth folk colleges*

Those youth colleges are for students who have turned 16 years and 6 months and not yet turned 19 years on program start. They both offer a wide range of courses.

### Program periods:

- Approx. 8. August 2022 to 20. December 2022
- Approx. 8. August 2022 to 20. June 2023

### Read more about Egå Youth Folk College at

<http://www.euh.dk/welcome-to-euh/>

### Read more about Ribe Youth Folk College at

<https://uhr.dk/in-english>